

# FRUIT THAT'S GOOD FOR THE BODY

## GOODNESS

MARK 10:17-25, ROMANS 7 & 8

Ron Marsh

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### I. A common *misconception* about goodness

#### A. The right *question*

1. How can I be sure I'll *receive* eternal life?

#### B. The wrong *assumptions*

1. Goodness can be *achieved*

♦ “Good teacher”: Praises *achievement* not character

2. Eternal life can be *earned*

♦ “all these I have *kept*”

3. Everything can be *bought*

♦ Price = *Money*

♦ Cost = *Value*

♦ “*Opportunity* cost”: What opportunity am I willing to sacrifice to make this purchase?

❖ Eternal life can not be bought but will cost you *everything*

### II. A *timeless truth* about goodness

#### A. The *good* news: Only God is good

1. God *defines* and *characterizes* goodness

#### B. The *bad* news: Only God is good

1. The self-serving *bias*

#### C. Our *struggle* to be good ~ Romans 7 & 8

1. Our *desire* and *determination*:

we *try* to be good ~ 7:17-22

2. Our *despair* we *can't* be good ~ 7:24

3. Our *deliverence*: we stop *trying* and start *trusting* ~ 8:1-4

❖ The law of the *Spirit* of *life* in Christ Jesus sets us free