

FRUIT THAT'S GOOD FOR THE BODY

KINDNESS

LUKE 10:25-37

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Intro: Rule of three

I. The *challenge* of being kind

Chrestotes: moral *goodness*, integrity

- ◆ How likely are you to help someone out even though you're busy, or you know you won't get credit?
- ◆ How are you doing at encouraging and affirming people?
- ◆ Who have you affirmed or encouraged in the last 48 hours?
- ◆ Who was the last person that you sat down with to just listen to them?

Jeremiah 31:3, Romans 2:4, Colossians 3:12, 2 Peter 1:5-8

II. The *example* of being kind

- ◆ A great debate: Who is my *neighbor*?
- ◆ The pattern: Come, Do, *Go*

A. A *Priest*

B. A *Levite*

C. A *Samaritan*

III. The *act* of being kind

A. Kindness takes *risks* and moves to *action*

1. Kindness *recognizes* a need
2. Kindness has *compassion* for a need
3. Kindness *moves towards* a need
4. Kindness *ministers* to a need
5. Kindness *carries* the need

B. Kindness pays the *price* to put others *first*

1. Kindness will take physical *resources*
 - A. Time, finances and *stuff*
2. Kindness will set aside social and *ethnic* status

C. Kindness goes the extra *mile* and seeks no personal *recognition*

- ❖ Who is your neighbor?
- ❖ Who is your *Samaritan*?

Colossians 1:28-29