

# FRUIT THAT'S GOOD FOR THE BODY

## JOY

ROMANS 5:1-5

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### I. Happiness vs. Joy

#### A. The relationship between *grace* and *joy*

♦ *Charis* means grace

♦ *Chara* means joy

❖ The secret of joy is *perspective*

### II. Joy *producers*

#### A. Joy comes from understanding your *position* vs. 1

1. Justification produces lasting *peace*

2. Justification prompts a royal *introduction*

3. Justification places us in a safe *harbor*

4. Justification promotes true *acceptance*

#### B. Joy comes from having hope in the *future* vs. 2

1. Uncertainty produces *anxiety* and lack of *confidence*

2. Certainty produces *optimism* and *confidence*

#### C. Joy comes from understanding the *purpose* of God vs. 3-5

1. *Pressure* produces *abiding*

2. Abiding produces *proven character*

3. Proven Character produces *confidence*

❖ God is more concerned about your

*character* than your *comfort*

### III. Joy *killers*

A. *Selfishness* James 3:16

B. *Resentment* Hebrews 12:15

C. *Fear* Proverbs 12:25

### IV. Joy *promoters*

A. Focus on *healing* Colossians 3:13

B. Focus on *giving* Acts 20:35

C. Focus on God's *power* Psalms 62:8